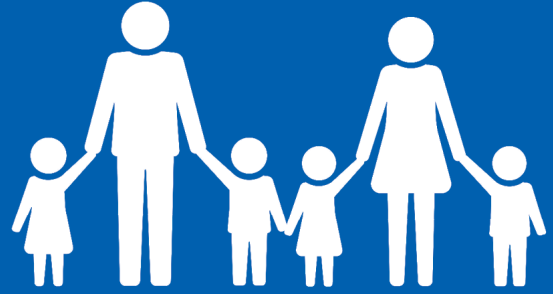




FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# MAKE TIME FOR YOU



## Child Watch

### Liberty County/Armed Services YMCA

Parents are welcome to bring their child to Child Watch while they work out in fitness classes or the gym area. Parents must remain on the premises at all times while their child is in Child Watch.

#### AGES:

6 weeks to 12 years old

#### HOURS:

Mornings: Monday-Saturday 8:30 AM-12:00 PM

Afternoons: Monday-Thursday 4:30 PM - 8:00 PM

#### ACTIVITIES

Children at Child Watch will enjoy both indoor and outdoor play. We offer arts and crafts activities, games, story time and old fashioned fun! For infants, the center is equipped with infant swings, rocking chairs, infant toys and lots of love! For older children, we have climbing toys and go outside whenever possible! Youth and Pre-Teens enjoy age appropriate games and activities as well.

#### Liberty County/Armed Services YMCA

201 Mary Lou Dr.

Hinesville, Georgia 31313

P: 912-368-9622 W: [ymcaofcoastalga.org](http://ymcaofcoastalga.org)

#### WHAT TO EXPECT YOUR FIRST VISIT

Some children may immediately feel comfortable, however, other children may need some time to adjust. We recommend you spend 10-15 minutes in the Child Watch room with your child for the first two visits before your workout. We want this to be a positive and rewarding experience for both parent and child!