



IN THE KNOW

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EFFINGHAM YMCA Monthly Activities Calendar

August 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Current & New Registrations: 2019-20 After School 2019-20 Holiday 2019-20 Pre-School	Fall Swim Club Youth Masters Swim CPR Youth Soccer Micro Soccer		Aug Pool Hours: Weekends Only Sat 10am-5pm Sun 1:30-5pm	1	2 1st Payment Due for all 2019-20 After School	3 Swag Spin w/Mary 10:10am
4	5 End of Summer Holiday Camp	6 End of Summer Holiday Camp	7 1st Day of School in Effingham!	8 Aqua Dance 9am! All Month	9	10 Deep Stretch w/Carissa 8:05am
11 Youth Soccer Registration Ends	12	13 Youth Fit 11:15 am Aerobics Room	14 SoulBody Barre w/Shannon 9am	15 Red Cross Blood Drive 9am-2pm	16 Avoid Late Fees! Pay Today	17
18 Youth Soccer Practice Begins This Week!	19 Evening Yoga w/Carissa 5:30pm	20 Aqua Fit 9am! All Month	21	22 SoulBody Barre w/Shannon 9am	23	24 Red Cross CPR Certification 9am-1pm
25	26	27 Youth Fit 11:15 am Aerobics Room	28 Pilates w/Greta 8:05am	29	30 Micro Soccer Practice Begins	31 Normal Hours No Class No Childwatch